

Vernon College
Assessment Activity/Report Communication Form
2016-2017

Evaluation of The CCC Fitness Center

Title: and usage

Date of completion: August 10, 2017

Highlights of data:

The Century City Fitness Center (CCC Fitness Center) had a total of 16,259 visits from students, faculty, and community members for 2016 and 4125 personal training visits for a total number of 20,384 visits for 2016. This is a 10.7% increase in usage from 2015 despite an 8% drop in visits for personal training. Gym usage remains highest during the semester months of February, March, April, and September, October and November. Paper sign in sheets are used for greater parts of January and August due to the timing of semesters in transition and scanning is not particularly accurate. Personal training data has now been provided for tracking purposes. It provides 20% of the usage of the gym for 2016.

Use of data:

To track usage of Century City Fitness Center. Fitness and Health courses utilize Century City Fitness Center to help tracking of credit students throughout the year. This data can also be broken down to daily and monthly usage.

How associated to Student Success?

Vernon College students have access to the CCC Fitness Center. Faculty and community can obtain memberships through Continuing Education or admissions. CCC Fitness Center provides avenues for fitness classes and other ways to improve health. CCC Fitness staff have become integral in providing fitness instructors the information needed regarding reports for attendance. These attendance reports are for specific fitness classes offered by Vernon College. Finally, in conjunction with Continuing Education, the CCC Fitness Center has become a place for students to get information about upcoming events and other community events that put Vernon College on the community map.

Where the report can be found: CE office, CCC Fitness Center

Submitted by: Nina Feldman **Date:** 8/10/2017
(Responsible Party)

Received by Office of Institutional Effectiveness:

August 17, 2017
(Date)

Posted to VC Website*:

August 22, 2017
(Date)

* To be shared with the Student Success Data and College Effectiveness Committees as well as Vernon College constituents.